

Darkside Cowl

a fully reversible cowl in a sensuously textured stitch



designed by Sarah Fama

Materials

- approximately 200 yards light aran or heavy worsted yarn
- one 16" circular needle, 4.5mm (US 7) or 5mm (US 8)
- tapestry needle
- one stitch marker

I used less than one ball of Sundara Aran Silky Merino in the "Charcoal over Blue Lagoon" colorway.

Sizing

Gauge: 16 stitches and 24 rows over 4"/10cm

Height: approximately 7"

Circumference: approximately 20" unstretched

The rib stitch used in the cowl makes it extremely stretchy, both lengthwise and widthwise. This cowl is designed to fit fairly close to the neck, and is snug enough that it could be pulled up and worn as an earwarmer. The size can easily be modified; you may add or subtract a multiple of 8 stitches.

Exact gauge is not crucial for this project.



Instructions

Cast on 88 stitches and join to work in the round. Place marker to indicate beginning of round. Purl one round.

Begin pattern stitch as follows:

Round 1: *k1, p1, k1, p5, repeat from * to end.

Round 2 *and all even-numbered rounds*: repeat previous round.

Round 3: k1, p1, *k5, p1, k1, p1, repeat from *, ending k5, p1.

Round 5: k1, *p5, k1, p1, k1, repeat from *, ending p5, k1, p1.

Round 7: *k5, p1, k1, p1, repeat from * to end.

Round 9: p4, *k1, p1, k1, p5, repeat from *, ending k1, p1, k1, p1.

Round 11: k3, *p1, k1, p1, k5, repeat from *, ending p1, k1, p1, k2.

Round 13: p2, *k1, p1, k1, p5, repeat from *, ending k1, p1, k1, p3.

Round 15: k1, *p1, k1, p1, k5, repeat from *, ending p1, k1, p1, k4.

Round 16: as for round 2

Repeat these 16 rounds until cowl measures approximately 7" or to desired length, ending on an even-numbered round. Purl one round.

Bind off loosely. Weave in ends and block lightly if desired. Aggressive blocking may cause the ribbing to lose its scrunchiness, so be gentle.



Notes

The stitch pattern used here is derived from the "Rib an Welt Diagonals" pattern in Barbara Walker's *A Second Treasury of Knitting Patterns*.

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